

No.	Team Name	Captain
1	Smack That Ace	Nicole Guidugli
2	Bumpin Uglies	Ashley White
3	Just the Tip	Lori Houston
4	Hot Mess Express	Izzy Redell
5	Sweet Digs	Michelle Smith
6	Block Tease	Cassandre Collins
7	Camp Springs Crew	Marie McDine
<hr/>		
2/9/2026	Week 1	
6:30	Just the Tip	Hot Mess Express
7:20	Camp Springs Crew	Block Tease
8:10	Sweet Digs	Block Tease
9:00	Smack That Ace	Bumpin Uglies
2/16/2026	Week 2	
6:30	Block Tease	Just the Tip
7:20	Smack That Ace	Just the Tip
8:10	Bumpin Uglies	Hot Mess Express
9:00	Sweet Digs	Camp Springs Crew
2/23/2026	Week 3	
6:30	Sweet Digs	Hot Mess Express
7:20	Smack That Ace	Hot Mess Express
8:10	Camp Springs Crew	Just the Tip
9:00	Bumpin Uglies	Block Tease
3/2/2026	Week 4	
6:30	Hot Mess Express	Bumpin Uglies
7:20	Camp Springs Crew	Bumpin Uglies
8:10	Just the Tip	Block Tease
9:00	Smack That Ace	Sweet Digs
3/9/2026	Week 5	
6:30	Sweet Digs	Bumpin Uglies
7:20	Camp Springs Crew	Smack That Ace
8:10	Just the Tip	Smack That Ace
9:00	Hot Mess Express	Block Tease
3/16/2026	Week 6	
6:30	Hot Mess Express	Smack That Ace
7:20	Block Tease	Camp Springs Crew
8:10	Sweet Digs	Camp Springs Crew
9:00	Bumpin Uglies	Just the Tip
3/23/2026	Week 7	
6:30	Sweet Digs	Bumpin Uglies
7:20	Sweet Digs	Just the Tip
8:10	Block Tease	Smack That Ace
9:00	Hot Mess Express	Camp Springs Crew
3/30/2026	Tournament	